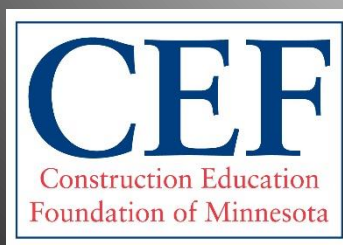


CEF CATALOG

CEF PARTNERS



Proper education and safety training is a must in the construction industry – choose the right organization to deliver.



10193 Crosstown Circle, Eden Prairie, MN 55344
TN: 952-941-8693 | Fax: 952-941-8698 | Website: www.mnabc.com

SAFETY SERVICES

Customized Written Programs

ABC's Safety Specialist can come to your office to discuss the specific needs of your company and help create your customized safety program and policies.

Job Site Inspections

ABC's Safety Specialist will inspect your construction sites for safety hazards and violations, write a detailed report on his findings, and consult with you on how to correct the problems.

OSHA Compliance and Consultation

There are countless regulatory rules and standards to follow - ABC's Safety Specialist can help you sort through the details and implement policies, procedures and training needed to run your company's safety program.

OSHA Citations

ABC's Safety Specialist can assist you in settling OSHA disputes and citations as well as accompany you to meetings with MNOSHA.

On-Site Training

Over 1,000 ABC member company employees trained each year - ABC's safety team is available to train your employees and management staff on construction safety issues. ABC's safety training is designed for both new and experienced construction personnel alike.

On-Demand & Contract Services - Pricing

There are two ways to take advantage of ABC's Safety Services:

- Hourly Basis (\$80/hour (m) or \$110/hour (nm))
- Contractual Basis (a certain amount of hours per month for a pre-determined timeframe) (8 hours (\$563/month), 16 hours per month (\$1,109/month), 24 hours per month (\$1638/month))

SAFETY TRAINING

Construction Safety Topics (2-8 hours)

Aerial lift training, arc flash, AWAIR programs, competent person, confined space, fall protection, forklift, jobsite audits, new hire safety orientation, OSHA recordkeeping and consultations, safety construction meetings (pre/post), steel erection planning. **Call for pricing**

CPR/First-Aid/AED Certification (4-6 hours)

During this class, you will learn how to respond effectively and efficiently during an emergency and the essential life-saving skills that need to be taken. **\$75/person (m), \$105/person (nm)**

Defensive Driving (4 hours)

Distracted driving continues to be the number one cause of car accidents in America. In this class we will discuss best practices for creating a safe driver program in your workplace that will lead to a reduction in incidents, injuries and related costs. **\$45/person (m), \$50/person (nm)**

EPA Lead Renovator Certification (4-8 hours)

This course is designed for compliance with the EPA Renovation, Repair, and Painting (RRP) Rule. Anyone who performs renovation, repair, or painting work in pre-1978 housing or child-occupied facilities must have this certification. The certification is valid for five years. **\$175/person (m), \$190/person (nm)**

OSHA 10/30-Hour for Construction (10/30 hours)

The course focuses on OSHA's role in workplace safety and specifically on the Focus Four Hazards (Electrical, Fall Protection, Caught Between, and Struck By). Other areas that are discussed include scaffolding, stairway and ladders, hand and power tools, PPE, materials handling and hazard observation. Individuals will receive a completion card. **OSHA 10: \$150/person (m), \$225/person (nm) | OSHA 30: \$395/person (m), \$595/person (nm)**

CRAFT TRAINING

CEU Classes for Electrical & Plumbing (8-16 hours)

Gain your CEs for your journeyman or master's license – tailor make the class your own. **Call for pricing**

Core Construction Training Program (CCTP) (90 hours)

The Core Construction Training Program (CCTP), a 90+ hour program, is a blend of online learning, self-study and in-person testing. Individuals will have the opportunity to earn multiple certificates, which include: CPR/AED/First-Aid, NCCER Core Curriculum and Your Role in the Green Environment and an OSHA 10 completion card. **\$299/person (m), \$399/person (nm)**

High Pressure Piping Training – Refrigeration (8 hours)

In this training, you will learn about discussions about ammonia as a refrigerant, review of a basic, simple refrigeration system and the function of the various components, the three methods of feeding refrigerant to an evaporator (direct expansion, flooded with surge drum, recirculated), types of compressors, condensers and evaporators, various piping diagrams.

\$349/person (m), \$449/person (nm)

Introduction to Construction Drawings (4 hours)

This class will help individuals learn the basics of construction drawings, including symbols, markers and what all of the different drawings depict!

\$49/person (m), \$99/person (nm)

Medical Gas Installation Certification (32 hours)

The course is taught over four days and includes a practical and written exam on the fourth day. The class is taught by a certified ASSE 6050 instructor.

NITC provides testing, grading and brazing analysis. A Certification is valid nation-wide for three years from the date issued. Brazing continuity must be documented semi-annually. **Call for pricing**

CRAFT TRAINING

NCCCO Crane Certification/Re-Certification (16-40 hours)

The information provided in this class is intended to introduce individuals to cranes and assist in preparing them to take the NCCCO written and practical exams. Prior to the examinations, the examiner will provide practice training, working with each operator on skill and technique regarding the practical exams. **Call for pricing**

Pipelayer Certification (4 hours)

In this class, you will learn about the certification origin, review MN state plumbing code pertaining to site/Off - R.O.W./Yard piping projects, pipe laying procedures, code terminology, materials needed, inspection/testing procedures. The certification is valid for three years. **\$100/person (m), \$150/person (nm)**

Rigging & Signal Person Certification (8 hours)

In this class, you will identify methods and procedures for recognizing, evaluating and controlling hazards associated with rigging and lifting, identify ways to properly protect personnel from being caught or struck by rigging or the load, and demonstrate knowledge of the ANSI standard hand and voice signals for crane operators. **\$200/person (m), \$350/person (nm)**

Construction Foreman Training (12 hours)

Individuals will work to understand and incorporate leadership skills into work habits, including communications, motivation, team building, problem solving and decision-making skills. They will also show a basic understanding of the planning process, scheduling, and cost and resource control. **\$199/person (m), \$299/person (nm)**

Construction Superintendent Training (88 hours)

Classes will cover a wide range of topics and periodic trainee testing will occur to ensure knowledge retention. These classes include Human Resources, Problem Solving, Document Control, Estimating, Scheduling, Communication Skills and Quality Control. **\$999/person (m), \$1,499/person (nm)**

MANAGEMENT TRAINING

Construction, Labor, IT, Marketing Seminars & Webinars (1-2 hours)

Topics include company ownership transition, contracts, estimating, EOS, healthcare law updates, hire to fire, how to get paid, labor law forums, social media, tax updates, training programs. **Call for pricing**

Critical Skills Training (2-12 hours)

This training, developed by the industry for the industry, can be utilized by just about anyone in your company, from field to office staff and from the new hire to the CEO. It is designed to be “same page training”. In this training, you will learn about Communicating in the Construction Workforce (verbal, nonverbal, written) Teamwork (leading, managing, motivating), Building High Customer Satisfaction, The Continuous Improvement Process, Ethics, Integrity and Professionalism, Productivity Challenges (and how to overcome them), and Organizing and Time Management. **\$80/hour (m), \$110/hour (nm)**

Green Construction 101 (16 hours)

NCCER has Green Construction training that can help you learn more about the construction impact on the environment and how to conserve/save money. Learn about how green construction has evolved over the years and what impacts construction has on the environment, identify decisions and actions in your personal/work life that impact the environment, see how alternative methods of building can save money in the long run, learn about the life cycle phases of a building, discuss the Leadership in Energy and Environmental Design (LEED) rating process, learn how LEED impacts a building and ways to increase LEED points. If the written test is successfully passed, you will earn an NCCER certificate for “Your Role in the Green Environment” and 15 hours of general continuing education to support LEED professionals. **\$199/person (m), \$399/person (nm)**

MANAGEMENT TRAINING

NCCER Instructor Certification Training Program (ICTP) (8-24 hours)

In this course, you will learn the history of NCCER and how the curriculum was developed, become certified to train in the craft(s) that you have significant level of experience (i.e. journey-level of experience or greater), ensure that you are using the proper evaluation techniques for your training program and improve upon the ones currently in place, learn the skills needed to successfully manage a training program before, during and after the class, determine what makes a good communicator, a good leader and how to incorporate those qualities into your classroom. **\$300/person (m), \$350/person (nm)**

Prevailing Wage 101 (1 hour)

Many of merit shop contractors are confused by the prevailing wage system. ABC's Director of Public Affairs has researched, answered, and advocated on this issue for years. He brings his knowledge of what is legal, what will raise red flags with investigators, and how you can turn the system to your advantage. This presentation will provide an overview of all aspects of the prevailing wage law, and how to comply. **Free (members only)**

Road Map to World Class Safety (2 hours)

Safety best practices are not a secret and ABC would like to share some best practices used from around the country. These six topics have been found to have a measurable and lasting effect on company's safety culture and can help your company join those ranks. The class topics will include: New Hire Safety Orientation, Site Specific Orientation, Toolbox Talks, Near Miss/Hit Tracking, Safety Committees, and Substance Abuse Programs. **\$20/person (member only)**